

## Positive Alternatives 2014 - 15 Quarterly Update

**Grantee: LIFECARE CENTER OF THIEF RIVER FALLS**

**Goal: To provide parenting education and services to pregnant and parenting women so as to bring about positive alternatives to abortion in Northwest Minnesota**

**For the period: January 1, 2015 – March 31, 2015**

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Car Seat Program</b>	Provide car seat education in incentive program	2	The Client Services Coordinator (CSC) provides educational information about car seat safety for clients who are enrolled in the EWYL program.	7
<b>Case Management Services</b>	Provide telephone and/or office appointment follow-up to clients testing positive for pregnancy; assess client needs; assist clients in accessing services	50	The CSC provides follow-up assistance to clients, helps clients assess their needs and gives guidance in accessing resources.	206
<b>Crib Distribution/ Sleep Safety Education</b>	Provide safe sleep education and opportunity to earn a crib in an incentive program	4	Clients who participate in the EWYL program have an opportunity to earn a crib by attending classes. Each client is provided with sleep safety education and informational materials before receiving a crib. Many clients this quarter stated that they have already bought a crib.	1
<b>Life-Skills Education Program</b>	Provide life-skills education in an incentive program	4	The CSC provided life-skills education by assisting clients with developing healthy relationships, money management, job assistance and other needed help.	12

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Material Support</b>	Provide material assistance to women	25	Clients in the program have an opportunity to earn baby boutique items by attending classes. The CSC assesses needs and distributes material items.	34
<b>Nutrition</b>	Certified Nutritionist provides 2 nutrition education sessions per year	6 per session	A nutrition class was held on January 15, 2015. Staff helped with the 4 children present.	6
<b>Parenting Education</b>	Enroll clients in program and assess client needs; assist in accessing services; provide referrals; meet with clients to complete assignments	25	The EWYL program is the primary focus of the Center's MDH grant. It is popular and well received by the community for accessing necessary services, establishing good rapport with clients, collaborating with community resources and providing referrals.	34
<b>Parenting Education</b>	Provide 3 CPR and First Aid class sessions per year	2 per session	A CPR class was held on March 11, 2015. 1 support person and 1 volunteer also attended the class. There will be another training held June. Last quarter 2 clients participated in the CPR and First Aid training.	3
<b>Pregnancy Testing</b>	Provide pregnancy testing, assessment for program eligibility, and pregnancy counseling	12	Women that come to the Center who think that they might be pregnant are given a self-administered pregnancy test and receive trained counseling.	17
<b>Transportation</b>	Provide gas vouchers for clients who need them to attend classes	5	Clients who participate in the parenting classes that need transportation assistance are able to receive gas vouchers for attending classes. There are 3 clients this quarter receiving gas vouchers; last quarter there were 6.	3

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	7
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	5
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	2
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	1
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	5

**Challenges:**

**Comments:** Many clients stated they already had a crib available for their child. Safe Sleep education was given to 6 clients.